

**FREY&LAU** 

*explore your senses*

# *Aromatherapy*

Blends by FREY&LAU





# *Essential Oils for Aromatherapy*

Almost everyone has already experienced the power of essential oils. Strengthening orange, soothing lavender and refreshing mint move our senses and mind.

The plants produce these oils for protection against diseases and harsh environment, as repellents against pests but also as attractants for reproduction.

For us human beings these active components are valuable as well. They are used by mankind since ancient times. The first who wrote down the uses were the roman philosopher Ovid and the middleages by Hildegard von Bingen.

The most often used extraction methods are steam distillation and cold pressing (only for citrus).

# Aromatherapy

## APPLICATIONS



# Aromatherapy

BLEND BY FREY&LAU



**P0129514**

Relax

Bergamot, geranium, lavender, orange



**P0129480**

Guardian

Cinnamon bark, cinnamon leaf, clove, eucalyptus, eugenol, orange, rosemary



**P0129497**

Motivation

Basil, coriander, lemon, melissa, orange, peppermint, rosemary



**P0129505**

Relief

Amyris, geranium, olibanum, osmanthus, patchouli, sandalwood, ylang ylang



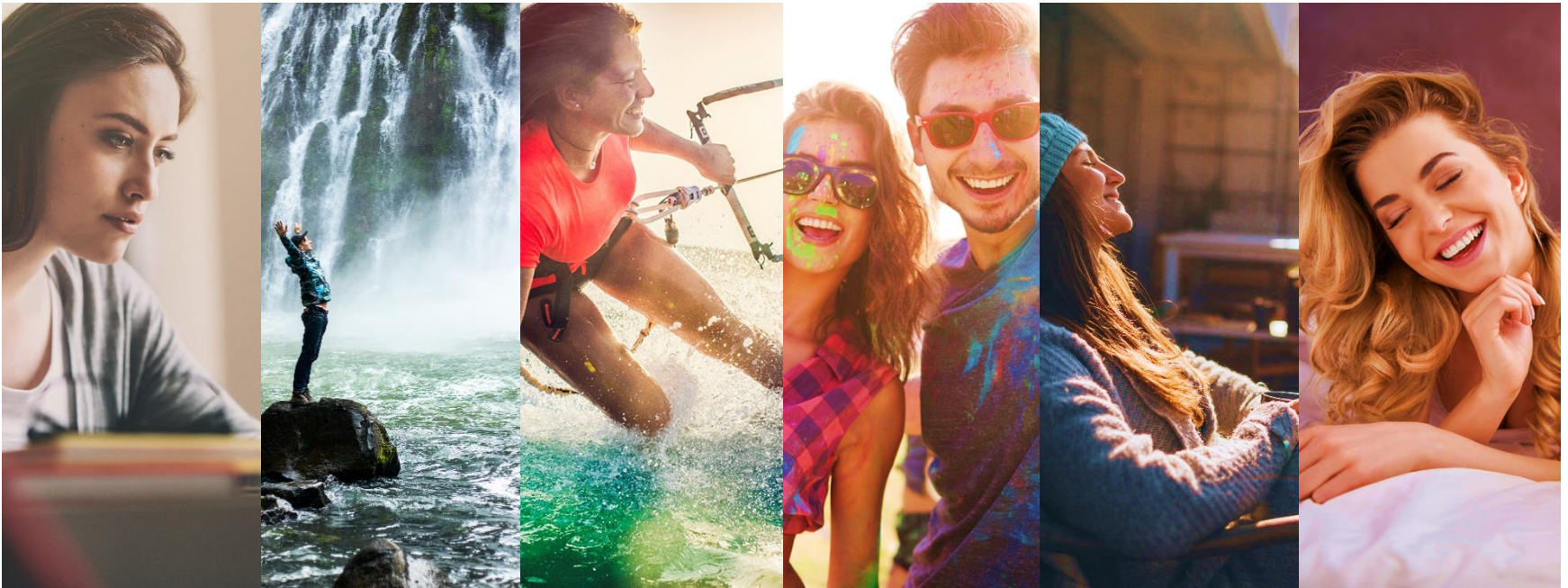
**P0129581**

Brave

Olibanum, majoran, clary-sage, lavender, cananga, ylang ylang, vetiver

# Aromatherapy

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**P0129585**

**Concentrate**

Orange, rosemary, eucalyptus, coriander, bergamot, lavandin, geranium, peppermint, cedarwood, petitgrain

**P0129572**

**Deep Breath**

Eucalyptus, tea tree, peppermint, cardamom, lemon

**P0129586**

**Energy**

Patchouli, bergamot, amyris, geranium, cassia, vetiver, cananga, cistus

**P0129571**

**Happy**

Lemon, orange, bergamot, mandarine, grapefruit

**P0129582**

**Freedom**

Fir needle, howood, olibanum, chamomile

**P0129578**

**Love**

Patchouli, bergamot, amyris, geranium, cassia, vetiver, cananga, cistus

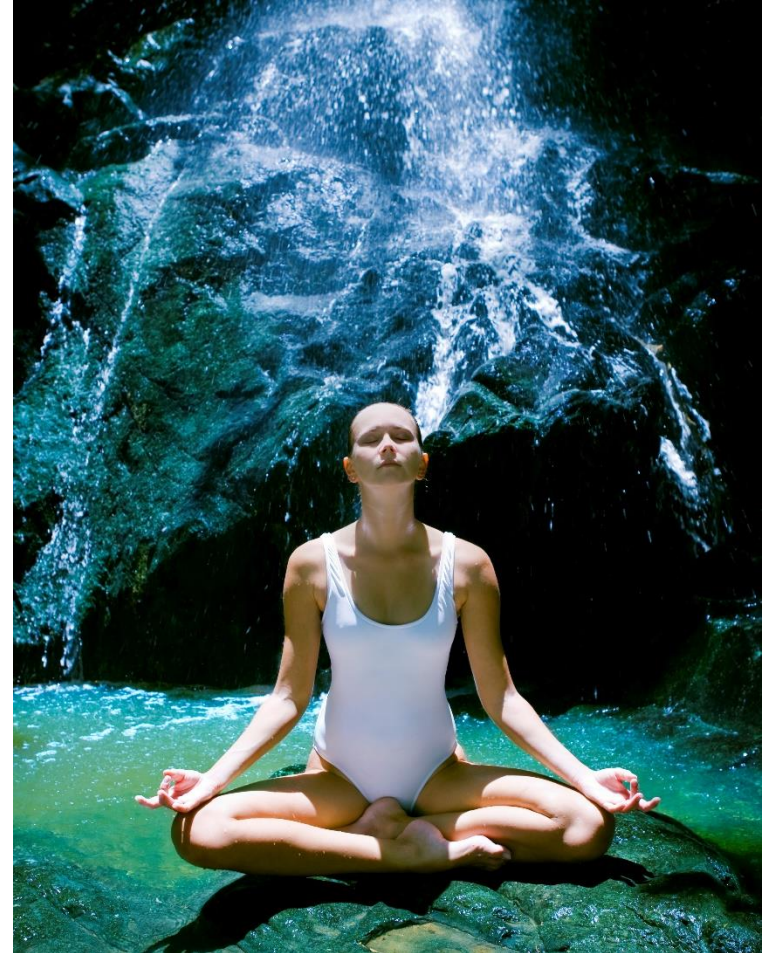
**FREY&LAU** 

# Relax

P0129514

Calm yourself down after a dizzying day with a few drops of the rich essential blends containing relaxing lavender, fresh bergamot, floral geranium and sweet orange oil. Your thoughts will quieten down and your body gets the chance to rest.

**Essential Oils:** Bergamot, geranium, lavender, orange



# Guardian

P0129480

Boost your immune system with this extraordinary blend of fine essential oils. Repelling environmental stress with the essences of clove, rosemary and cinnamon. Protect your health with the power of orange and eucalyptus.

**Essential Oils:** Cinnamon bark, cinnamon leaf, clove, eucalyptus, eugenol, orange, rosemary



# Motivation

P0129497

Seize the day and take the turns in your own hands. The self-assuring herbal scents of basil, coriander and rosemary give you courage to reach your goals. Melissa and peppermint refresh your mind and help focusing on your tasks.

**Essential Oils:** Basil, coriander, lemon, melissa, orange, peppermint, rosemary





# Relief

P0129505

The soft scents of ylang ylang and patchouli help healing broken hearts, the warmth of sandalwood and geranium ease the burdens of sorrow and grief. Hope flows with every breath you take comforting your soul.

**Essential Oils:** Amyris, geranium, olibanum, osmanthus, patchouli, sandalwood, ylang ylang



# Brave

P0129581

You don't have to be afraid! Be kind and be brave! You can overcome your anxiousness with just one step forward! Believe in your strengths, stay calm, take a deep breath and hold your head high.

**Essential Oils:** Olibanum, majoran, clary-sage, lavender, cananga, ylang ylang, vetiver

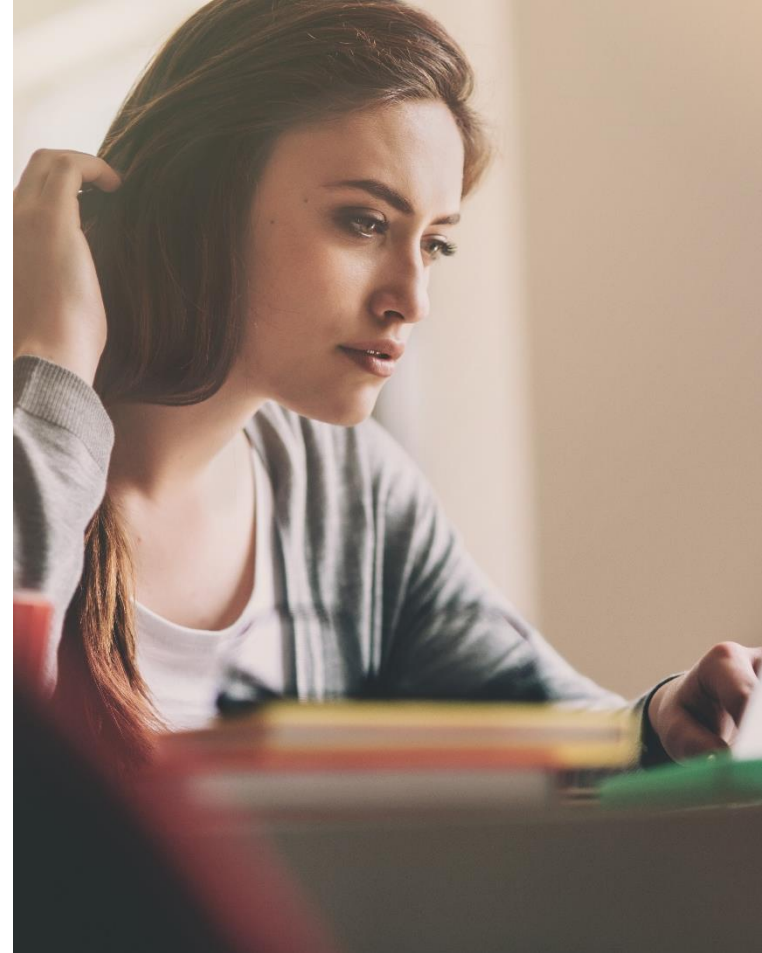


# Concentrate

P0129585

Stay focused! Refreshing eucalyptus, calming lavandin and nourishing coriander assist you on your work and don't let the tasks overwhelm you. They open your mind and straighten your thoughts.

**Essential Oils:** Orange, rosemary, eucalyptus, coriander, bergamot, lavandin, geranium, peppermint, cedarwood, petitgrain



# Deep Breath

P0129572

Fill your lungs with fresh and clear air. Let your whole body unfold and grow. Tickling cardamom, opening tea tree and clean lemon are the perfect hiking buddies while discovering the world.

**Essential Oils:** Eucalyptus, tea tree, peppermint, cardamom, lemon



# Energy

P0129586

End the boredom and get your mojo back! Daring, unpredictable, with the crackling of passion, spicy ginger and cinnamon wake you up from your monotonous daily routine.

**Essential Oils:** Cardamom, cinnamon bark, ginger, clove, amyris

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# Happy

P0129571

Lift your mood with the juicy world of citric fruit. The invigorating mix of sweet- and sourness shines like the bright sun and enlightens your senses.

**Essential Oils:** Lemon, orange, bergamot, mandarine, grapefruit

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# Freedom

P0129582

Harmonize your body and mind with healing chamomile, relaxing fir needle and earthening howood. Be self-conscious and ease your whole being.

**Essential Oils:** Fir needle, howood, olibanum, chamomile

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# Love

P0129578

The enchanting odors of patchouli and cistus rose interfuse with the natural scents of the body to seduce the senses. Love yourself and you will always be loved. Glow from your inner goddess.

## Essential Oils:

Patchouli, bergamot, amyris, geranium, cassia, vetiver, cananga, cistus





# Facts about Essential Oils at FREY&LAU


We purchase all our essential oils from the best growing regions worldwide. Global sourcing of only the best qualities and our longtime product and market expertise are the reason for the excellent reputation of our products!

- Worldwide sourcing directly from the growing areas
- Further treatment and purification of crude oils
- Current market and price information
- Supply of documentation for marketing authorization
- Product portfolio of conventional, organic certified and GMP certified essential oils





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